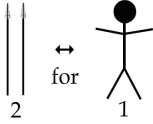


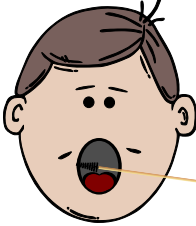




Instructions for collecting DNA samples

<p>We have supplied 2 swabs for each person; each pouch containing one brush. Please take two samples for each person.</p>	
<p>The test taker shouldn't eat or drink anything, or brush his or her teeth, for at least 30 minutes before the samples are taken.</p>	 <p>½ hr before sampling</p>
<p>Pull out the swab by grasping the stick at the far end from the brush. <u>Don't touch the brush end of the swab!</u></p>	
<p>Take the DNA sample by scraping the brush end of the swab back and forth a total of 10 times on the inside of each cheek (inside the mouth).</p>	
<p>After taking the samples, let them air dry for 30 minutes before placing them back into the pouches. The brushes may not be touched, since this can contaminate the sample with foreign DNA! <i>It is important to dry the samples completely, because micro-organisms will degrade the DNA in the samples, if they are allowed to grow in a humid environment.</i></p>	 <p>air dry for 30 min.</p>
<p>After drying the samples, put the swabs back in, and seal each pouch. <u>Take care – do not exchange the samples, if more than one person is being tested!</u></p>	
<p>After the samples have been taken, they must be mailed back immediately. Use our address label provided. Thank you.</p>	